

From Our Strength to Yours





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Leading experts in orthopedics

Orkuhusid is Iceland's largest treatment center, specializing in musculo-skeletal disorders. It features fifteen experts in various fields of orthopedics, trained at prestigious health care institutions around the world. Many of them hold a Ph.D. and have specialized in the treatment of athletes. Having this team of internationally experienced specialists in various sectors of the field, means that Orkuhusid's services are unique - the very best in orthopedics. Furthermore, Ossur, a leading global company in orthopedics, operates at Orkuhusid, in addition to running a specialized orthopedic store.

The Best Team – The Best Results

Orkuhusid is also a base for experts in the fields of anesthesiology, pain management, neurosurgery, plastic surgery and rheumatology. Orkuhusid's comprehensive services include a state-of-the-art radiology department, as well as Iceland's largest physiotherapy center, with a team of twenty skilled physiotherapists, who collaborate with various sports clubs and national teams.

Unbeatable Location and Facilities

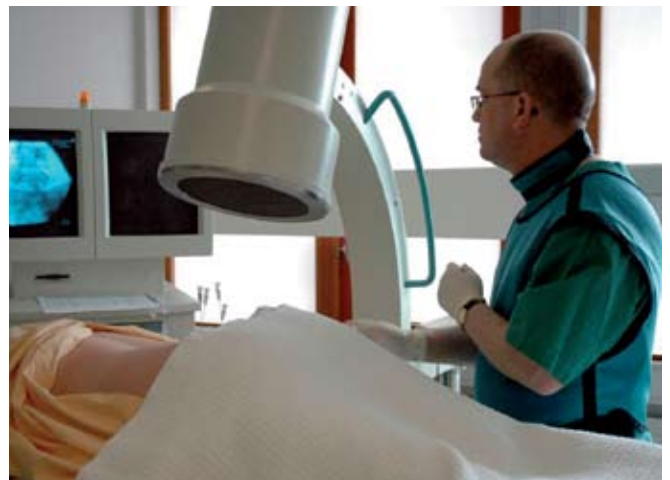
Orkuhusid's spacious facilities are centrally located in Reykjavik, Iceland's capital. They are in the convenient vicinity of a number of first-rate hotels, by the city's primary sports and recreational park. There, clients of Orkuhusid can enjoy Iceland's renowned geothermal swimming pools and spa treatments.

Quality Services - Competitive Prices

Iceland has one of the best health care systems in the world. Life expectancy is among the world's highest while infant mortality rate is among the lowest. When it comes to health, Icelanders expect only the very best. Orkuhusid strives to meet, and surpass, these standards by offering the ultimate quality at a reasonable price, especially when compared with neighboring countries. Further pricing information is to be found on the back of this brochure.



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- 01 Orkuhusid, the 4,000m2 orthopedic and sports clinic.
- 02 A doctor's office at Orkuhusid.
- 03 An arthroscopic operation at Orkuhusid.
- 04 Treatment for back problems utilizing fluoroscopy and radio frequency ablation.
- 05 Spiral CT-scan.
- 06 3-D reconstruction.

A Strong Team For The Results You Need



Arnbjorn Arnbjornsson MD
Specialist in Orthopedic
Surgery from Lund, Sweden.



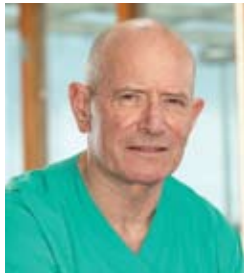
Ragnar Armannsson MD
Specialist in Anesthesiology
from Philadelphia, U.S.A.



Sveinbjorn Brandsson MD, PhD
Specialist in Orthopedic Surgery
from Gothenburg, Sweden.



Stefan Carlsson MD
Specialist in Orthopedic
Surgery from Vasteras, Sweden.



Ragnar Finnsson MD
Specialist in Anesthesiology
from Cincinnati, U.S.A.



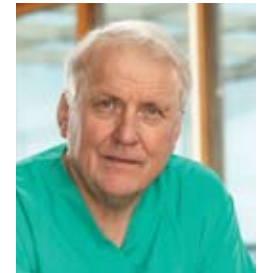
Gudmundur Gudmundsson MD
Specialist in Orthopedic
Surgery from Malmo, Sweden.



Gunnar B. Gunnarsson MD
Specialist in Orthopedic
Surgery from Lund, Sweden.



Gudmundur Gunnlaugsson MD
Specialist in Orthopedic
and Hand Surgery from
Gothenburg, Sweden.



Bjarni Hannesson MD
Specialist in Neurosurgery
from New Hampshire, U.S.A.



Olafur Ingimarsson MD
Specialist in Orthopedic
Surgery from Lund, Sweden.



Runolfur Johannsson MD
Specialist in Anesthesiology
from Malmo, Sweden.



Brynjolfur Jonsson MD, PhD
Specialist in Orthopedic
Surgery from Linkoping, Sweden.



Agust Karason MD
Specialist in Orthopedic
Surgery from Orebro, Sweden.



Andri Karlsson MD
Specialist in Orthopedic
Surgery from Lund, Sweden.



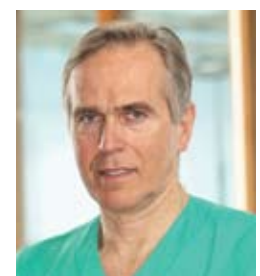
Sigurdur A. Kristinsson MD, CEO
Specialist in Orthopedic Surgery
from Helsingborg, Sweden.



Gauti Laxdal MD, PhD
Specialist in Orthopedic Surgery
from Gothenburg, Sweden.



Jon Ingvar Ragnarsson MD, PhD
Specialist in Orthopedic
Surgery from Umea, Sweden.



Rafn A. Ragnarsson MD, PhD
Specialist in Plastic and
Reconstructive Surgery
from Linkoping, Sweden.



Bjorn Petur Sigurdsson MD
Specialist in Orthopedic
and Hand Surgery from
Gothenburg, Sweden.



Bjorn Tryggvason MD
Specialist in Anesthesiology
from Linkoping, Sweden.



Ornloufur Valdimarsson MD, PhD
Specialist in Orthopedic
Surgery from Malmo, Sweden.



Bjarni Valtysson MD, MS
Specialist in Anesthesiology
from Uppsala, Sweden.

Examples of our Icelandic price list

Medical examination

Pre-op examination	€ 95
Post-op examination	€ 70

Radiology

Standard X-ray examination	€ 45
Sonography	€ 70
CT – scan	€ 145
MRI	€ 235

Outpatient surgery

Arthroscopic ACL plastic	€ 3000
Arthroscopic menisc operation	€ 1140
Arthroscopic Bankart operation	€ 2500
Arthroscopic sut. rotator cuff	€ 2000
Arthroscopic decompression	€ 1550
Hallux Valgus operation	€ 1700
Dupuytren operation – one tendon	€ 1500
Carpal tunnel operation	€ 1150
Abdominoplasty	€ 3460
Facelift	€ 3300
Liposuction	€ 1600-2920
Mastopexy	€ 2910
Augmentation mammoplasty	€ 2750
Blepharoplasty lower	€ 915
Blepharoplasty upper	€ 830